



Campbelltown Public school **Anti-Bullying Plan**

Our School Beliefs

At Campbelltown Public school we believe:

- Individual differences are respected and diversity affirmed
- Quality education is provided for students in a secure and supportive environment.
- The focus of quality education is for students to learn and grow with confidence. Students develop best where teaching and learning occur in a context of student welfare.
- The wellbeing, safety and health of students inform school policies, program and practices.
- Partnership with parents and the wider community is essential to the success of the school.

Our values and expectations:

- Bullying must be taken seriously and is not acceptable in any form
- Teachers, students, parents and the wider community have a responsibility to work together to address bullying.
- Any inappropriate form of behaviour that interrupts teaching and learning and interferes with the wellbeing of others will not be accepted

Students can expect to:

- Spend the school day free from the fear of bullying, harassment and intimidation
- Know their concerns will be responded to by staff
- Be provided with appropriate support (for both the student being bullied and the student responsible)
- Take part in learning experiences that address key understanding and skills relating to positive relationships, gender equity, discrimination, bullying and harassment

Students have a responsibility to:

- Behave appropriately, respecting individual differences and diversity
- Follow the Anti-Bullying plan and school rules
- Report incidents of bullying

Parents and caregivers have a responsibility to:

- Support their children in all aspects of school
- Support their children in understanding bullying and developing positive responses consistent with the school policy
- Support the school in the Anti-Bullying Plan, associated learning experiences and consequences resulting from bullying

School have a responsibility to:

- Develop and implement an Anti-Bullying Plan through consultation with students and parents
- Inform students and parents of the School Discipline Code and Anti-Bullying Plan
- Provide students with strategies to respond positively to incidents of bullying behaviour
- Provide parents with clear information on strategies that promote appropriate behaviour, and the consequences for inappropriate behaviour
- Follow up complaints of bullying, harassment and intimidation

Teachers have a responsibility to:

- Respect and support students
- Model appropriate behaviour
- Respond in a appropriate and timely manner to incidents of bullying

What is bullying?

Bullying is an intentional, repeated behaviour by an individual or group of individuals that causes distress, hurt or undue pressure.

Bullying can be verbal, physical, social or psychological and can include:

Taking someone's property	Chasing	Teasing
Kicking/Hitting	Name calling	Talking About
Hat Hiding	Not letting someone play	Racism
Invading someone's space	Threatening	Spreading rumours

What action should students take?

If you are bullied or harassed –

1. Take a deep breath
2. Look directly at the person attempting to bully you.
3. Speak in a firm, clear voice and say "Stop, that, I don't like it".
4. Go directly to your teacher or the teacher on duty and report the incident
5. If you are prevented from going to the teacher on duty ask a friend or a student nearby to go and report to a teacher.

What is Cyber-bullying?

Cyber-bullying refers to any form of bullying through information and communication technology mediums such as mobile phone text messages, emails, phone calls, internet chat rooms, instant messaging and social networking websites.

Most often, cyber bullying is just another tool for the person who bullies face-to-face.

What action should students take?

If you are cyber-bullied –

1. Ignore it – often this can be enough to make the bully go away
2. Block the bully – technologies exist which enable students to block particular people.
3. Report it :
 - To your school - policies are in place about bullying and cyber-bullying
 - To the police – if there is a threat to your safety the police will help
4. Keep the evidence – this can be useful in tracking the bully down

Don't forget – you can stop a bully by:

- Following the action plan
- Not retaliating with physical or verbal abuse
- Taking control and telling an older person

Bullying Resources

- www.bullyingnoway.com.au
The “Bullying No Way!” website has been developed in collaboration with other government and non-government authorities from the Commonwealth, States and Territories. It showcases strategies that have proven to be successful increasing safety and reducing bullying and harassment in schools throughout Australia.
- www.det.nsw.edu.au/antibullying
The NSW Department of Education and Training provide information and examples of what schools are already doing to address bullying behaviour on its website. The content is located under Public Schools NSW – Supporting Students
Student Wellbeing – Anti-bullying.
- www.kidscape.org.uk/
Kidscape provides practical skills and resources to prevent bullying for children and young people under the age of 16.
- www.notcooltobecruel.com
Aimed mostly towards primary school **children**, products have been designed accordingly to fit the needs of primary school students. This website features easy-to-read text that could easily be accessed by a primary school student.